Brecon Wheelers All welcome to our 2016 Cycling Time Trials



Every Tuesday, starting at either Libanus or Abercamlais

- All you need is a bike and helmet!
- Cycle 10 miles every Tuesday.
- Everyone set off at 1 minute apart. It doesn't matter how fast or slow you go.
- Slowest go off first and fastest go last. Everyone is timed.
- You don't need to be a member of Brecon Wheelers to join in (£2/£4)

Meet 15 minutes before start time at:

Big layby north of Libanus (on W side of A470) OR Abercamalais (bus stop)

Queries? Please ring Catherine on 01874 636903

Day Tues	Date 26 th April	Distance 10 miles	Start time 6.30pm	Course No. R10/15
Tues	3 rd May	10 miles	6.30pm	Cwmcamlais Course A40
Tues	10 th May	10 miles	6.30pm	R10/15
Tues	17 th May	10 miles	6.30pm	Cwmcamlais Course A40
Tues	24 th May	10 miles	6.30pm	R10/15
Tues	31 st May	10 miles	7.00pm	Cwmcamlais Course A40
Tues	7 th June	10 miles	7.00pm	R10/15
Tues	14 th June	10 miles	7.00pm	Cwmcamlais Course A40
Tues	21 st June	25 miles	7.00pm	R5/22
Tues	28 th June	10 miles	7.00pm	R10/15
Tues	5 th July	10 miles	7.00pm	Cwmcamlais Course A40
Tues	12 th July	10 miles	7.00pm	R10/15
Tues	19 th July	10 miles	7.00pm	Cwmcamlais Course A40
Tues	26 th July	Hill Climb	7.00pm	Libanus hill climb
Tues	2 nd August	10 miles	7.00pm	R10/15
Tues	9 th August	10 miles	7.00pm	Cwmcamlais Course A40
Tues	16 th August	10 miles	7.00pm	R10/15
Tues	23 rd August	Hill Climb	7.00pm	Bailihelig hill climb

Course Routes:

R10/15 = Libanus (A470)-roundabout (A40)-brecon bypass and return. **R5/22** = Talgarth-B4650-Bwlch-A40-Tretower-A479 **Cwmcamlais** Course A40 = Cwmcamlais (A40)-roundabout (A470)-and return **Libanus hill climb** = minor road from Libanus to cattle grid by turning for mountain centre **Bailihelig hill climb** = Bailihelig road from Brecon (Llanfaes) to Cefn Cantref